



# Quiet Ambassador Goal-Setting Guide

This Goal-Setting exercise is designed to help you bring your specific Quiet school goals into focus, to strategize best ways to accomplish your Quiet objectives, and to think ahead about resources available in your own school community. It relies on the Outcomes-Methods-Resources model of goal-setting: begin the conversation by clearly articulating your objectives, move on to discuss various processes, and end with an examination of the costs (time, people, support).

## OUTCOMES

- What are we trying to achieve this year through our partnership with Quiet Revolution? What are our priorities?
- Do we have specific school-wide, divisional, and/or departmental goals?
- What will “success” look like?

**DISCUSSION QUESTION:** If you were to re-design your school so that it would better meet the needs of introverts and ambiverts, what five ideas would drive your design? Why? Consider all aspects of school life. (Note: This was the final Creativity Challenge from QSI).

## METHODS

- What methods should we use to achieve our objectives? How should we present the material?
- Where might we face resistance? What might be the nature of the resistance?
- Do we need to **reach across traditional silo boundaries** (physical, disciplinary, titular, mindset) to create new networks?
- How do we want to respond in those moments when things seem to progress differently than we would have hoped?
- How do we ensure that we are getting the feedback we need to guide us in choosing our next steps?

**DISCUSSION QUESTION:** How can we learn from strategies that have been successful – or not so successful – at our school in the past?

## RESOURCES

- How much time (during school, after school) will our Quiet Schools Initiative take?
- How many members of our school community do we need to help us achieve our goals? Which ones?
- How can we leverage our partnership with Quiet Revolution and with other QSN member schools?

**DISCUSSION QUESTIONS:** Who are our key stakeholders/allies? How can we be sure to generate “buy-in” for our Quiet Schools Initiative?