QUIET SCHOOLS NETWORK

ABOUT THE QUIET SCHOOLS NETWORK

A REVOLUTIONARY AMBASSADOR PROGRAM

ABOUT US

Quiet Revolution partners with schools to foster inclusive teaching and learning communities that leverage the strengths of introverts and extroverts. Quiet Revolution (www.quietrev.com), co-founded by Susan Cain, is a mission-based company that offers educational, parenting, and other services to unlock the power of introverts within companies, schools and beyond.

OUR MISSION

We *Transform Schools* by training Quiet Ambassadors to serve as experts in introversion/extroversion and work with their colleagues to:

- Enhance engagement, creativity and kindness.
- Foster the ability to communicate with presence and compassion.
- Tap into the power of quiet leadership.

Quiet Schools are characterized by an inclusive culture in which everyone is recognized for their potential to learn and lead in authentic ways.

Network Schools are part of a larger community dedicated to sharing best practices.

THE POWER OF QUIET

Based on the groundbreaking work of **Susan Cain—*New York Times* bestselling author of *Quiet***—we know that students and educators who recognize the power of all temperaments are better able to leverage individual strengths and collaborate effectively.

DID YOU KNOW?

Quiet: 4+ years on *New York Times* Best Sellers list. 2+ million copies sold. Translated into 40+ languages.

Susan Cain's explosively viral TED Talk: Watched by 12+ million viewers. Ranks #11 out of 1,900+ talks.

WHY IS QUIET TRAINING NEEDED IN SCHOOLS?

Approximately half of our students have introverted personality traits, which are often undervalued in "Extrovert Ideal" school cultures.

When introverts are not fully appreciated or encouraged to leverage their strengths, schools miss opportunities to harness half their population's creativity and leadership potential *and* build stronger communities.

OUR VISION

In a Quiet School...

Administrators

cultivate a school culture that enables introverts to reach their full potential for the benefit of the entire school.

Educators

create classroom environments in which everyone's strength – no matter what their personality type – is validated.

Students

are self-aware individuals who are able to unleash their creativity in solitary and group settings.

Parents

are better able to nurture their introverted child and work with the school to support their child's growth.

The next generation of quiet kids can and must be raised to know their strengths.

Quiet Revolution Manifesto

QUIET SCHOOLS NETWORK

JOINING THE QUIET SCHOOLS NETWORK

QUIET AMBASSADOR PROGRAM

The Quiet Revolution Team trains and supports **QUIET AMBASSADORS** for one year.

Quiet Summer Institute

Interactive discussions, featuring Susan Cain and special guests, and facilitated by Heidi Kasevich.
Two days in New York City, Summer 2016.
Day One: Harnessing Adult Power
Day Two: Harnessing Student Power
Ambassadors will be a mix of introverts/extroverts and administrators/faculty.
Enrollment limited to 50.

Virtual Personal Journey Coaching Sessions

Individualized sessions enable Ambassadors to develop self-awareness and compassion so as to better serve as inspiring role models for others.

Virtual Team Coaching Sessions

Theme-based discussions for cohorts of Ambassadors from different schools promote innovation and collaboration among Network Schools.

Quiet Revolution Team Visit

They will offer consulting services and/or Quiet seminars/workshops.

Unlimited Access To Quiet Schools Portal

Includes relevant research articles, foundational tools, tips, videos, and techniques from our educational experts.

AMBASSADOR COMMITMENT

Quiet Ambassadors commit to mentoring colleagues and facilitating conversations with faculty and students. They agree to write at least one success story and one new resource for future Quiet Ambassadors.
A **Certification Ceremony** marks their contributions at the end of the year.

A BROAD ARRAY OF NETWORK BENEFITS FOR ALL MEMBERS OF YOUR SCHOOL COMMUNITY

Universal access to online tools enables community members to become immersed in the foundational research of introversion and extroversion and identify their own unique personality styles and character strengths.

Monthly *QSN Newsletter* enables Network schools to share best Quiet practices with other Network schools.

QSN Upper/Middle School students submit original pieces for possible publication in our national student magazine, *Quiet Diaries*.

A *reduced price* for our online parenting course, *Parenting Quiet Kids*, which is geared toward early childhood.

Quiet Revolution seeks to champion the successes of its Network schools in Quiet Revolution materials and events.

Year-End Assessments

Our Team provides member schools with a wide array qualitative and quantitative measurement tools.

QUIET SCHOOLS NETWORK

QUIET SUMMER INSTITUTE SCHEDULE

Welcome reception will be held at Trevor Day School on the evening of June 20 from 5:30 to 7:00pm

HARNESSING ADULT POWER

7:30AM - 8:30AM
Breakfast

8:30AM - 9:30AM
Introductions and Getting to Know You

9:30AM - 11:00AM
Susan Cain: "Teaching Introverts in a World That Can't Stop Talking"

11:00AM - 11:15AM
Break

11:15AM - 1:00PM
The Extrovert Ideal and Biological Foundations for Introversion and Extroversion, Part 1

1:00PM - 2:00PM
Lunch

2:00PM - 3:00PM
Introversion and Extroversion, Part 2: Free Trait Theory and Acting out of Character

3:00PM - 3:15PM
Break

3:15PM - 4:15PM
Quiet Adult Leadership: Leveraging Quiet Power

4:15PM - 5:15PM
The Power of Mixed Teams

5:15PM - 6:00PM
Break

6:00PM - 6:45PM
Reception

6:45PM - 8:00PM
Dinner

June 21, 2016

HARNESSING STUDENT POWER

7:30AM - 8:30AM
Breakfast

8:00AM - 8:30AM
Optional Mindfulness Session

8:30AM - 9:45AM
Priscilla Gilman: "Parent-Teacher Conferences – Honoring Student Personality"

9:45AM - 10:45AM
Quiet Student Leadership: Leveraging Quiet Power

10:45AM - 11:00AM
Break

11:00AM - 12:30PM
Rethinking Class Participation: Varied Forms of Engagement

12:30PM - 1:00PM
Taking a Restorative Niche

1:00PM - 2:00PM
Lunch

2:00PM - 3:00PM
Creating a Balanced Classroom Environment: Solitude and Collaboration

3:00PM - 4:00PM
Promoting and Assessing Productive Group Work: Avoiding Groupthink

4:30PM - 5:00PM
Reimagining Assessments

5:00PM - 5:30PM
Closing

June 22, 2016

QUIET SCHOOLS NETWORK

ABOUT THE QUIET SCHOOLS NETWORK

SUSAN CAIN

Co-Founder, Quiet Revolution

Susan Cain is the co-founder of Quiet Revolution LLC and the author of the award-winning *New York Times* bestseller *Quiet: The Power of Introverts in A World That Can't Stop Talking*, which has been translated into 40 languages and has appeared on many "Best of" lists. Cain's book was the subject of a *TIME Magazine* cover story, and her writing has appeared or been featured in *The New York Times*, *The Atlantic*, *The Wall Street Journal*, *Forbes*, *The Guardian*, *Psychology Today*, *Wired*, *Fast Company*, and many other publications. Her record-smashing TED talk has been viewed over 12 million times. Cain has also spoken at Microsoft, Google, the U.S. Treasury, the S.E.C., Yale, and West Point. She received Harvard Law School's Celebration Award for Thought Leadership, the Toastmasters International Golden Gavel Award for Communication and Leadership, and was named one of the world's top 50 Leadership and Management Experts by *Inc. Magazine*. She is an honors graduate of Princeton and Harvard Law School. Cain, who is insatiably curious about human nature, lives in the Hudson River Valley with her husband and two sons.

HEIDI KASEVICH

Director of Quiet Education

At Quiet Revolution, Heidi Kasevich, PhD, designs and implements educational initiatives to unlock the power of introverts for the benefit of us all. A member of The Deak Group, Kasevich also gives lectures at schools and conferences nationwide on the topic of girls' leadership. She is the author of the *Guide to Giving*, a highly acclaimed philanthropy curriculum, and founder of *Time Regained,* a CSPA award-winning student journal of current affairs. Her proficiency is grounded in over two decades of experience as an educator at Nightingale-Bamford, where she also served as history department chair, Dalton, Berkeley-Carroll, NYU and Cooper Union. Committed to expanding students' perspectives, Kasevich has served as Director of Académie de Paris, an Oxbridge Academic Program, and led high school groups on trips to India and Africa. A gcLi Alumna Scholar, she received her BA from Haverford and her doctorate from NYU. Her biography on explorer Alexandra David-Néel is forthcoming in 2016.

Contact Heidi at ***heidi@quietrev.com***